

Global Perspectives Lecture Series
Inspire and Empower Lecture



Rise &
Restore
A Day of Mental

Elevate Your Mind, Embrace Your Journey

Wellness

FRIDAY, MAY 31, 2024
MEB 1100 Noon - 1 p.m.

ADDRESSING COMPASSION FATIGUE: Taking care of yourself while caring for others

Ayanna Johnson, Ph.D., is an Instructor in the Department of Psychiatry at Texas Tech University Health Sciences Center El Paso and is a child and adolescent psychologist. She is involved in providing teaching experiences for the psychology and psychiatric trainees. Dr. Johnson is involved with the Texas Child Mental Health Consortium on several projects including the Child Psychiatric Access Network (CPAN) and Texas Child Health Access through Telemedicine (TCHAT).

Objectives

- Identify the stages, causes, symptoms, and consequences of compassion fatigue.
- Identify personal level of compassion fatigue.
- Determine effective self-care strategies.

Accreditation:

The Texas Tech University Health Sciences Center El Paso Paul L. Foster School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation:

The Texas Tech University Health Sciences Center El Paso Paul L. Foster School of Medicine designates this live activity for a maximum of 1 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Policy:

Ayanna Johnson, Ph.D., and the planners for this educational activity have no relevant financial relationships to disclose with ineligible companies whose primary business is producing, marketing, selling, reselling or distributing health care products used by or on patients.

All members of the planning committee for this series have signed disclosures stating no relevant financial relationships exist with any industry support companies.

- TTUHSC El Paso reserves the right to cancel this activity in the event of unforeseen or extenuating circumstances.
- Persons with disabilities who need auxiliary aids or services may call the Office of CME at 915-215-4880 to arrange accommodation.

For more information, email globalhealthandsocietiesep@ttuhsc.edu.